



100 SAILS

RESTAURANT & BAR

BREAKFAST

6:00 am – 10:30 am

ACAI	11
<i>Acai, seasonal fresh fruits, Anahola granola, local honey</i>	
AVOCADO TOAST*	13
<i>Rye bread, smashed avocado, roasted cherry tomatoes, pea tendrils, poached egg</i>	
BRULEE OATS	9
<i>Cinnamon spiced oatmeal, fresh fruits</i>	
PUNALU'U FRENCH TOAST	14
<i>Punalu'u taro sweet bread, fresh berries, whipped cream, choice of coconut syrup, guava syrup or maple syrup</i>	
ISLAND STYLE BREAKFAST*	20
<i>Fried rice, one egg any style choice of bacon, Portuguese sausage or spam</i>	
CONTINENTAL BREAKFAST	17
<i>Pastry basket of croissant and danish, fresh fruits, choice of strawberry or plain yogurt, fruit juice, and coffee or hot tea</i>	
OMELET	19
<i>Choice of three onions, green onions, mushrooms, ham, cheddar cheese, shrimp, tomato, bell peppers or spinach, served with hash browns, rice or toast</i>	
<i>\$2 For each additional item</i>	
BREAKFAST BENTO*	20
<i>Comes with miso soup, rice or potato and a choice of four items:</i>	
<i>Local egg any style, bacon, Portuguese sausage, tamago yaki, grilled fish, loco moco, mini taro pancakes, fruits</i>	
TARO PANCAKES	14
<i>Taro pancakes, choice of coconut syrup, guava syrup or maple syrup, whipped cream</i>	