



# 100 SAILS

BREAKFAST MENU

RESTAURANT & BAR

7:00AM - 10:30AM  
MONDAY - SATURDAY

7:00AM - 9:00AM  
SUNDAY

## LIGHT BREAKFAST

**ACAI BOWL** 14

Acai, seasonal fresh fruits, Anahola granola, local honey

**AVOCADO TOAST\*** 15

Toasted rye bread, smashed avocado, pea tendrils, tomatoes, micro scallions, poached egg

**BRÛLÉE OATS** 11

Cinnamon spiced oatmeal, fresh fruits

## EGGS 'N THINGS

**CONTINENTAL BREAKFAST** 19

Choice of two breakfast pastries, sliced fruits, choice of strawberry or plain yogurt, fruit juice, and coffee or hot tea

**AMERICAN BREAKFAST\*** 21

Choice of two eggs, any style, ham, bacon, Portuguese sausage, or chicken sausage, served with hash browns, rice or toast

**ISLAND STYLE FRIED RICE\*** 22

Prince fried rice, sunny side up egg, choice of shoulder bacon, Portuguese sausage, chicken sausage or spam

**BUILD YOUR OWN OMELET** 21

Choice of three: onions, green onions, mushrooms, ham, cheddar cheese, shrimp, tomato, bell peppers or spinach, served with hash browns, rice or toast

\$2 For each additional item

## FROM THE GRILL

**TARO PANCAKES** 18

Taro pancakes, choice of coconut syrup, guava syrup or maple syrup, whipped cream

**PUNALU'U FRENCH TOAST** 18

Punalu'u taro sweet bread, whipped cream, choice of coconut syrup, guava syrup or maple syrup

**HAPA BREAKFAST** 25

*Comes with miso soup, rice or potato*

Choice of four items:

Local egg any style, bacon, Portuguese sausage, tamago yaki, grilled fish, loco moco, mini taro pancakes, fruits

Choice of: coconut syrup, guava syrup or maple syrup

## KEIKI MENU *For Kids 12 & Under*

**MINI PANCAKES** 9

Mini pancakes, choice of coconut syrup, guava syrup or maple syrup, whipped cream

**KEIKI FRENCH TOAST** 9

Sweet bread, whipped cream, choice of coconut syrup, guava syrup or maple syrup

**LOCO MOCO** 9

Hamburger topped with a fried egg on a bed of rice

## SIDES

**HASH BROWNS** 8

**ONE EGG** 6

**BREAKFAST MEAT** 8

*Choice of: Portuguese sausage, chicken sausage, bacon, spam, ham*

**STEAMED RICE** 5

**FRIED RICE** 9

**FRUIT PLATE** 10

## BEVERAGES

**FRUIT JUICES** 7

**COFFEE & HOT TEA** 4

**MIMOSA** 15

*Choice of: Orange, Pineapple or Guava Juice*

*Price & menu are subject to change without notice*

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. We provide the freshest ingredients in the preparation of our cuisine. In the event a certain product is not available, we will use a similar product to ensure quality and/or freshness.

Please let your server know if there are any allergies to products of which we should know. 041022