



100 SAILS

BREAKFAST MENU

RESTAURANT & BAR

7:00AM - 10:30AM
MONDAY - SATURDAY

7:00AM - 9:00AM
SUNDAY

LIGHT BREAKFAST

- ACAI BOWL** 14
acai, seasonal fresh fruits, anahola granola, local honey
- AVOCADO TOAST** 15
toasted rye bread, smashed avocado, pea tendrils, tomatoes, micro scallions, poached egg
- BRÛLÉE OATS** 11
cinnamon spiced oatmeal, fresh fruits

EGGS 'N THINGS

- CONTINENTAL BREAKFAST** 19
choice of two breakfast pastries, sliced fruits, choice of strawberry or plain yogurt, fruit juice, and coffee or hot tea
- AMERICAN BREAKFAST** 21
choice of two eggs, any style, ham, bacon, portuguese sausage, or chicken sausage, served with hash browns, rice or toast
- ISLAND STYLE FRIED RICE** 22
prince fried rice, sunny side up egg, choice of shoulder bacon, portuguese sausage, chicken sausage or spam
- BUILD YOUR OWN OMELET** 21
choice of three: onions, green onions, mushrooms, ham, cheddar cheese, shrimp, tomato, bell peppers or spinach, served with hash browns, rice or toast

\$2 for each additional item

FROM THE GRILL

- TARO PANCAKES** 18
taro pancakes, choice of coconut syrup, guava syrup or maple syrup, whipped cream
- PUNALU'U FRENCH TOAST** 18
punalu'u taro sweet bread, whipped cream, choice of coconut syrup, guava syrup or maple syrup

HAPA BREAKFAST 25

comes with miso soup, rice or potato

choice of four items:

local egg any style, bacon, portuguese sausage, tamago yaki, grilled fish, loco moco, mini taro pancakes, fruits

choice of: coconut syrup, guava syrup or maple syrup

KEIKI MENU for kids 12 & under

- MINI PANCAKES** 9
mini pancakes, choice of coconut syrup, guava syrup or maple syrup, whipped cream
- KEIKI FRENCH TOAST** 9
sweet bread, whipped cream, choice of coconut syrup, guava syrup or maple syrup
- LOCO MOCO** 9
hamburger topped with a fried egg on a bed of rice

SIDES

- HASH BROWNS** 8
- ONE EGG** 6
- BREAKFAST MEAT** 8
choice of: portuguese sausage, chicken sausage, bacon, spam, ham
- STEAMED RICE** 5
- FRIED RICE** 9
- FRUIT PLATE** 10

BEVERAGES

- FRUIT JUICES** 7
- COFFEE & HOT TEA** 4
- MIMOSA** 15
choice of: orange, pineapple or guava Juice

Price & menu are subject to change without notice

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. We provide the freshest ingredients in the preparation of our cuisine. In the event a certain product is not available, we will use a similar product to ensure quality and/or freshness.

Please let your server know if there are any allergies to products of which we should know. 052122