



100 SAILS

RESTAURANT & BAR

BREAKFAST BUFFET MENU

7:00AM - 10:30AM
MONDAY - SATURDAY

7:00AM - 9:00AM
SUNDAY

COLD ITEMS

CHIA SEED PUDDING
oat milk

MUESLI
apple, banana

ASSORTED FRESH FRUITS

WAIMANALO GREENS
assorted toppings & dressings

KIMCHEE

ASSORTED YOGURT

HOT STATION

rotation:
**TARO PANCAKES,
FRENCH TOAST OR
MOCHI WAFFLE**
maple syrup, whipped honey butter

BACON & PORK LINK

PORTUGUESE SAUSAGE

**MINI HAM &
CHEESE CROISSANTS**

FRITTATA
spinach, ho farm tomatoes,
manchego

SEASONAL VEGETABLES

TATER TOTS

PRINCE FRIED RICE

STEAMED WHITE RICE

JAPANESE

**JAPANESE STYLE
VEGETABLE CURRY**

KIZAMI NORI

GRILLED FISH OF THE DAY

'ONSEN' EGGS

NATTO

TSUKEMONO

MISO SOUP
green onion, wakame, tofu

TOAST STATION

WHITE BREAD

WHEAT BREAD

MULTI GRAIN BREAD

GLUTEN FREE BREAD

BUTTER

**LAIE VANILLA
CRÈME FRAÎCHE**

JELLIES
guava, strawberry

PASTRIES

**ASSORTED MINI
MUFFINS** 

ASSORTED DANISHES

MOCHI DONUT

BANANA BREAD

OMELET STATION

TOPPINGS:
onions, green onions, peppers,
tomatoes, mushrooms, spinach,
ham, sausage, bacon, bay shrimp,
cheese

CEREAL BAR

**KAUAI ANAHOA
GRANOLA**

RAISIN BRAN

STEEL CUT OATS

TOPPINGS:
brown sugar, coconut cream,
candied cacao nibs,
big island honey

WHOLE MILK
2% milk



Contains Nuts

\$43 ADULT | \$21.50 CHILD (6-10 years old) | Price & menu are subject to change without notice

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. We provide the freshest ingredients in the preparation of our cuisine.

In the event a certain product is not available, we will use a similar product to ensure quality and/or freshness. Please let your server know of any allergies or dietary restrictions. 080322